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The Eden Alternative aims to eliminate what are considered to be the three main “plagues”™ of the human spirit - loneliness, helplessness and boredom - for which there is no medical cure. We are pioneering The Eden Alternative within our dementia services.

Central to achieving this different way of caring for older people with dementia are practical steps which are progressively introduced into homes to strip away the perceived institutionalised nature; this includes the introduction of the tools of Eden - plants, animals and children - and through the application of the 10 key principles. We currently have four Eden accredited care homes:

- Cartlidge House
- Bennett House
- Silver Birches
- Meadowrythe
- Bracken House

We also employ two Eden Educators who work across the our services to train and develop our workforce.
