

Support for people aged from 18-65.



## **We operate a diverse range of services consisting of residential, supported housing and outreach services delivered in the community.**

The foundation of our work is focused around the recovery model and self management of mental health. We focus our services to empower individuals with a support network to promote well-being and self-determination. Our mental health services work in partnership with the wider community to build integration. We offer an array of support:

- Medication management
- Mental health management
- Social interactions
- Gaining work
- Managing a tenancy
- Budgeting
- Paying bills

- Attendance of appointments,
- General well-being
- Signposting.

We offer flexibility and continuity of personalised support, tailored to the needs of each individual. Each service user has their own dedicated support plan and recovery star.

## **Our services**

We offer a wide range of support with all aspects of daily living for people living with mental health difficulties. Our service is offered through a range of delivery models including:

- 24/7 residential intensive mental health rehabilitation
- Supported living schemes
- Outreach service specifically for mental health to support people to remain their own homes or move on to their own accommodation.
- Respite and support within our scheme settings or within peoples own home.

Our mental health services have a dedicated staff team with significant experience, specialist training and knowledge. We focus our experience, dedication and expertise to enhance the quality of life of all our service users and believe independence and choice is key to maintaining a healthy and happy life:

### **Supported Living**

[Camden Street, Walsall](#)

### **Residential**

[Lonsdale House, Walsall](#)

### **Mind Matters**

[Mind Matters Caf , Walsall](#)

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